

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Michiel van Staden**

Has successfully participated & completed the  
**12km Women Rock - Trail Run presented by Navworld**

held at Ingaadi Spa.

**TIME 00:57:46**

**PACE 04:48/km**  
**OVERALL 16 of 124**

**GENDER 12 of 47**  
**OPEN 9 of 23**

28 August 2016, Sun

Date



*BoutTime*

Signature

